

The 4th year of APRAS: New member, VSAPS, joined!

ASIAN FEDERATION OF PLASTIC, RECONSTRUCTIVE AND AESTHETIC SURGERY SOCIETIES (APRAS) is a federation of official plastic surgery societies in Asia, which was founded in January, 2023.



Current APRAS members are 10 societies;
Indonesian Association of Plastic
Reconstructive and Aesthetic Surgeons
(InaPRAS), Japan Society of Plastic and
Reconstructive Surgery (JSPRS), Korean Society
of Plastic and Reconstructive Surgeons (KSPRS),
Malaysian Society of Plastic and Reconstructive
Surgery (MSPRS), Philippine Association of
Plastic Reconstructive & Aesthetic Surgeons
(PAPRAS), Pakistan Association of Plastic

Surgeons (PAPS), Singapore Association of Plastic Surgeons (SAPS), The Society of
Plastic and Reconstructive Surgeons of Thailand (ThPRS), Taiwan Society of Plastic
Surgery (TSPS) and Vietnamese Society of Aesthetic and Plastic Society (VSAPS).

**VSAPS has officially become the 10th member of APRAS in
January of 2026!**



Please visit <https://www.apras-asia.org> for details

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APRAS future events/ webinars

APRAS future events

1) April 10-12 , 2026:

APRAS session by PAPS

Islamabad, Pakistan

2) May 2 (TBD), 2026:

APRAS session by PAPRAS

Phillipines

3) September 2-3, 2026:

APRAS congress by InaPRAS

The 29th Annual Meeting of InaPRAS

Bali Nusa Dua Convention Center, Indonesia

4) APRAS session by TSPS

Taiwan

APRAS future webinar

1) May 9th, 2026: [Topic] Lymphedema

[Host] InaPRAS

APRAS: Past events and webinars

Past events

- December 13-14, 2025: APRAS sessions in Tainan, Taiwan by TSPS
- November 7-9, 2025: APRAS meeting in Kuala Lumpur, Malaysia by MSPRS
- August 8-9, 2025: APRAS sessions in Manila, by PAPRAS
- February 13-14, 2025: APRAS Session in Peshawar, Pakistan
- December 7-8, 2024: APRAS 2-day meeting in Taipei, Taiwan
- October 17-19, 2024: APRAS Sessions in Tokyo, Japan
- August 28-31, 2024: APRAS sessions, Central Java, Indonesia
- July 4-6, 2024: APRAS Sessions in Cebu, Philippines
- February 4, 2024: APRAS 1-day meeting in Karachi, Pakistan
- November 2nd, 2023: APRAS 1-day Meeting in Bangkok, Thailand
- August 23-26, 2023: APRAS sessions, North Sumatera, Indonesia
- April 27, 2023: APRAS 1-day meeting, Nagasaki, Japan
- January 1, 2023: Foundation of APRAS
- November 12, 2022: Signing Ceremony in Seoul, Korea

Past webinars

- January 10th, 2026: 8th APRAS Education Committee Webinar
Host Country : Pakistan
Topic : Facial nerve palsy
- September 6th, 2025: 7th APRAS Education Committee Webinar
Host Country: Philippine
Topic: Burn Surgery
- May 24th, 2025: 6th APRAS Education Committee Webinar
Host Country: Japan
Topic: Hand SurgeryTopic
- January 10th, 2025: 5th APRAS Education Committee Webinar
Host Country: Malaysia
Topic: Lower Limb Reconstruction
- September 4th, 2024: 4th APRAS Education Committee Webinar
Host Country: Philippines
Topic: Facial Aesthetic Surgery
- May 1st, 2024: 3rd APRAS Education Committee Webinar
Host Country: Pakistan
Topic: Head & Neck Reconstruction
- February 23rd, 2024: 2nd APRAS Education Committee Webinar
Host Country: Indonesia and Taiwan
Topic: Cleft Lip And Palate
- November 22nd, 2023: 1st APRAS Education Committee Webinar
Host Country: Japan
Topic: Breast Reconstruction



APRAS member section: SAPS



SAPS

AUGUST 2025

www.saps.org.sg



HISTORY OF SAPS

The Singapore Association of Plastic Surgeons (SAPS) was formed in 1976, and in 4 decades has not only grown in strength of numbers but also in local and international stature.

The Association actively and publicly promotes awareness for high quality plastic surgery while supporting its members in providing the highest and safest level of aesthetic and reconstructive surgical care. Furthermore, it organizes post-graduate activities for both plastic surgery trainees and its members, encouraging interaction and providing a bridge between the generations. Many internationally eminent plastic surgeons have been invited by the association to lecture, and educational talks are in turn given by SAPS members to trainees, nurses and members of the public. These educational initiatives serve to educate the local community on the advanced, safe plastic surgical procedures performed by its qualified members, while updating the knowledge and skills of our member surgeons and trainees.

Regionally and internationally, SAPS has been leading the way in fostering closer ties. In 1982, SAPS staged the first ASEAN Congress of Plastic Surgery in Singapore, which led to the formation of the ASEAN Federation of Plastic Surgeons, the first sub-section of the International Confederation of Plastic and Reconstructive Surgery. SAPS also serves as watchdog for the medical community, working in close consultation with the College of Surgeons, Singapore and the Singapore Medical Council to protect the public from harmful aesthetic and plastic practices. To this end, the Singapore Society of Cosmetic (Aesthetic) surgeons (SSCAS) was formed in 1979 under the auspices of SAPS to focus on developing and providing the standards for cosmetic and aesthetic plastic surgery in Singapore.

The past 40 years has been full of exciting developments and challenges. With the continued support of its members, the Association is looking toward a bright future where it will continue to play a leading role in shaping the ever-changing landscape of plastic surgery locally and internationally, for many decades to come.

OUR FOCUS



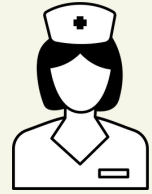
Helping ensure high standards of plastic surgery training and practice



Public education

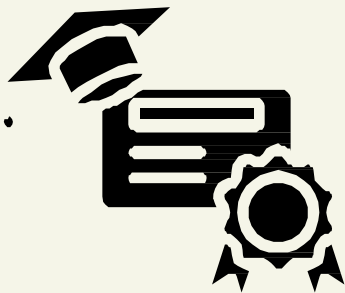


Acting as a voice for patients in issues such as insurance- coverage for reconstructive plastic surgery



Promoting patient safety in aesthetic and cosmetic surgery procedures in Singapore

ACCREDITATION



Choosing a SAPS Member Surgeon ensures that your plastic surgeon:

- Is certified by the Ministry of Health, Singapore
- Has completed a rigorous training program consisting of basic surgical and advanced specialist plastic surgical residency
- Passed comprehensive oral and written exams
- Graduated from an accredited medical school
- Completes continuing medical education each year
- Performs procedures in an accredited clinic or hospital

SAPS Member Surgeons are your partners in cosmetic and reconstructive plastic surgery, and are committed to providing you the highest level of plastic surgical care.



18 - 21 JUNE 2025

Our association was one of the endorsing Societies for the recent ISAPS World Congress which was held from 18 - 21 June 2025.

ISAPS World Congress Olympiad program is a special one, showcasing our usual state of the art program, with speakers selected through an objective scientific peer review of submitted papers, allowing any plastic surgeon, from anywhere in the world, to contribute to the program.

THE MYLAOSMILE HUMANITARIAN CLEFT MISSION WAS CONDUCTED AT THE LAO FRIENDS HOSPITAL FOR CHILDREN (LFHC) IN LUANG PRABANG, LAO PEOPLE'S DEMOCRATIC REPUBLIC. THIS 52-BED, 24-BED NEONATAL, 177-STAFF HOSPITAL WAS ESTABLISHED IN 2015, AND PROVIDES FREE HEALTHCARE TO THE CHILDREN OF NORTHERN LAOS IN LUANG PRABANG PROVINCE, TREATING SOME 30,000 CHILDREN ANNUALLY.

FIRST MISSION TRIP BY THE MYLAOSMILE MISSION TEAM TO LAO FRIENDS HOSPITAL:
23 FEBRUARY 2023 TO 2 MARCH 2023
17 SURGERIES WERE DONE OVER 4 DAYS.

SECOND MISSION TRIP TO LAO FRIENDS HOSPITAL: 14TH – 21ST OCTOBER 2023
28 SURGERIES WERE CONDUCTED SUCCESSFULLY OVER 4 DAYS.

THIRD MISSION TRIP TO LAO FRIENDS HOSPITAL:
23RD – 29TH MARCH 2024, MARKS OUR THIRD MISSION TRIP TO LAO FRIENDS HOSPITAL WHICH WAS MORE ORGANIZED AND WAS CONDUCTED MORE EFFICIENTLY. A TOTAL OF 22 SURGERIES WERE PERFORMED SUCCESSFULLY OVER 4 DAYS.

FOURTH MISSION TRIP TO LAO FRIENDS HOSPITAL: 6TH – 10TH JUNE 2024.
8 SURGERIES WERE PERFORMED SUCCESSFULLY OVER 3 DAYS